

Brief Description of the Program

Profession

Teacher's job is an exciting, creative profession that opens up many possibilities. It requires continuous development, non-standard approach and comprehensive knowledge to solve the tasks which have been set. Pedagogical education, specializing in physical education and emergency risk management, presupposes good fitness level and good knowledge in pedagogy, physical education, health and safety. Professional activity is focused on holistic development and upbringing of a person in pedagogical process, formation and development of an active, healthy and safe lifestyle.

Educational process

Studying disciplines according to the curriculum, students master the profession of a physical education teacher and a health and safety teacher, who is ready to solve the problems of professional activity, including diagnostic, design and self-education problems, tasks of interaction with the subjects of pedagogical process. During training, students receive knowledge, improve their skills in the field of physical culture and life safety.

Disciplines

- ✓ Health and safety,
- ✓ Theory and methods of teaching basic sports
- ✓ Theory and methodology of the chosen sport
- ✓ Theory of physical education
- ✓ Technologies of physical education and sports activities
- ✓ Supervision and control in the field of security
- ✓ Ensuring the safety of educational institutions
- ✓ Modern educational technologies
- ✓ Ecological and food safety
- ✓ Health technology in physical education
- ✓ Man-made dangers and protection from them
- ✓ Methods of training and education in physical culture
- ✓ History of physical culture
- ✓ Physical fitness

Practical training

Much attention is paid to the organization of academic training, work experience internship, teaching practice and pre-graduation practice, which they undertake in summer school camps, secondary schools and youth sports schools of Tambov and Tambov region. During the internship period, students conduct physical education and health and safety lessons, various health and physical education activities, health days, sports competitions in schools, and other events. Practical trainings help students understand the nuances of their future profession, form professional competencies in future specialists.

Career

After successful completion of the educational program, graduates have the opportunity to be employed as physical education teachers or health and safety teachers in secondary general education institutions, as trainers or methodologists for organizing sports

and physical education activities. Graduates of the bachelor's degree program have the opportunity to continue their education doing a master's degree program.