

## **Brief Description of the Program**

### **Career**

Future jobs: physical education teachers in comprehensive schools; sports managers, deputy directors, coaches and instructors at children's and youth sports schools and sports schools of the Olympic reserve; instructors in sports clubs and fitness centers.

### **Educational process**

After successful completion of the educational program, graduates have good knowledge and skills not only in the field of physical education and sports, but also in management. Sport managers solve important issues at physical education and sports institutions. Therefore, they can be employed as deputy directors and directors of sport schools. There is also a great opportunity for them to work as physical education teachers in secondary schools, trainers, fitness and sports instructors, and coordinators of physical education and sports activities.

You will be taught to:

- promote socialization, formation of a general culture of student's personality by means of physical culture in the process of physical education and sports activities and introduction of universal human values and a healthy lifestyle to students;
- solve pedagogical tasks in the framework of comprehensive and vocational educational organizations focused on analysis of scientific and scientific-practical literature, generalization of practice in the field of physical culture and education;
- train and educate students in the process of teaching;
- determine the content of education in accordance with the curriculum, taking into account the results of assessing physical and functional condition of students;
- provide necessary amount of knowledge, athletic skills, as well as an adequate level of physical fitness of students to maintain and strengthen their health and work activities;
- cooperate with students, teachers, parents.

### **Disciplines**

- ✓ History of physical education
- ✓ Theory and methodology of chosen sport
- ✓ Theory and methods of teaching basic sports
- ✓ Technologies of physical culture and sports activities
- ✓ Physical training
- ✓ Health and fitness technology
- ✓ Professional skills development
- ✓ Biomechanics of motor activity
- ✓ Acmeology of physical culture and sports
- ✓ Sports metrology,

- ✓ Technology of the All-Russian physical culture and sports complex *Ready for Labor and Defense*
- ✓ Marketing in physical culture
- ✓ Legal bases of physical culture and sports
- ✓ Fundamentals of management
- ✓ Sports facilities, innovative and information technologies in physical education.

### **Practical training**

While doing the program Sport Management, students have practical trainings in comprehensive schools and children's and youth sports schools in the city of Tambov and Tambov region.

### **Career**

Graduates are entitled to work as physical education teachers in comprehensive schools; sports managers, directors, deputy directors, coaches and instructors in children's and youth sports schools and sports schools of the Olympic reserve; instructors in sports clubs and fitness centers.