

Brief Description of the Program

Career

Future jobs: physical education teachers in comprehensive schools; sports managers, deputy directors, coaches and instructors at children's and youth sports schools and sports schools of the Olympic reserve; instructors in sports clubs and fitness centers.

Educational process

After successful completion of the educational program, graduates can be engaged in physical education, sports, motor recreation and rehabilitation, tourism, physical culture and sports management; scientific research work. Graduates can be employed as teachers of physical culture in secondary and vocational education institutions, coaches, instructors in fitness and sports, methodologists in organizing sports and physical education activities, and specialists in organizing tourism.

You will be taught to:

- develop educational documentation on physical culture and sports in accordance with the specifics of the educational institution;
- introduce innovative technologies in educational activities in physical culture and sports;
- assess the effectiveness of training activities in physical culture and sports and make appropriate adjustments to it;
- develop methodological manuals on physical culture and sport for a specific contingent of students;
- develop and implement training programs for athletes of different skill levels;
- generalize and introduce into practice the advanced domestic and foreign experience in the field of training athletes of various qualifications;
- analyze the effectiveness of the training process and make the appropriate adjustments.

Disciplines

- ✓ Current issues of sciences about physical culture and sport
- ✓ Theory and methods of youth sport
- ✓ Technologies of scientific research of physical culture and sports
- ✓ Modern technologies of learning motor actions of various age groups
- ✓ Professional and pedagogical skills of a specialist in physical culture and sports
- ✓ Theory and methods of conditioning and sports training in the system of physical education
- ✓ Research work

Practical training

Student doing the course Theory of Physical Culture and Technology of Physical Education have practical trainings at the Faculty of Physical Education and Sports and children's and youth sport schools in the city of Tambov and Tambov region.

Career

Graduates can be employed as physical education teachers in educational organizations; coaches and instructors in children's and youth sports schools and sports schools of the Olympic reserve; instructors in sports clubs and fitness centers.